



Francesco Arezzo  
RI President, RY 2025-26

Ambernath North  
**Rotary**  
Club



A Face of  
**Rotary Club of Ambarnath North**  
Monthly Magazine

Volume No.5, November 2025 Issue



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HARSH MAKOL  
District Governor, RY 2025-26



**AVANI**  
RC AMBARNATH NORTH



From the Desk of the Club President

**Rtn. Pralhad Jadhav**

TiTEN President 2025-26

**Rotary Club of Ambarnath North  
(RCAN) Dist. 3142**

President Message Dear Rotarians and Friends,

Warm Rotary greetings! As we step into the fifth months of this Rotary year, I feel immense pride & gratitude for the energy, enthusiasm, & unity our club continues to display in every initiative. Each project we undertake reflects our collective spirit of "Service Above Self," & I am truly humbled to witness the dedication of our members toward meaningful community impact. At the outset, let us celebrate a proud moment for our nation - Indian Women's Cricket Team being crowned World Champions 2025! Their historic victory is not just a triumph on the field but an inspiring testament to perseverance, teamwork, & determination - values that deeply resonate with Rotary's ethos. Our club too continues its winning stride with impactful service initiatives. I am delighted to announce our upcoming flagship project - "**Divyang Yoddha Award 2025**", scheduled for 7th Dec. 2025. Through this initiative, we aim to honour & empower differently-abled individuals who have displayed exceptional courage, talent, & resilience in overcoming life's challenges. This project truly embodies our club's compassion & commitment toward inclusion & social responsibility.

Another important milestone awaits us - our Official Club Visit (OCV) scheduled for 16th December 2025. This visit is an opportunity to showcase our club's achievements, transparency, & teamwork. I urge all members to actively participate & ensure our club shines with the same warmth & vibrancy that defines Rotary Club of Ambarnath North. Together, let us continue to build on our legacy of service & fellowship, bringing smiles & hope to those around us. Let every project be a step toward a more compassionate & empowered society.

With best wishes & Rotary regards,

**Rtn. Pralhad Jadhav**

From the Desk of the Club Secretary

**Rtn. Anand Raghavan**

TiTEN Secretary 2025-26

**Rotary Club of Ambarnath North (RCAN) Dist. 3142**



Secretary's Message

As we step into the fifth month of this Rotary year, I feel proud of the passion & unity our club displays in every project - truly reflecting our motto, "Service Above Self." A moment of national pride - Indian Women's Cricket Team crowned World Champions 2025! Their victory mirrors the perseverance & teamwork we cherish in Rotary. Our flagship project, "Divyang Yoddha Award 2025" on 7th December, will honour and empower differently-abled heroes who inspire with courage and determination. Let's also gear up for our Official Club Visit on 16th December - a proud opportunity to showcase our achievements and fellowship. Together, let's keep the Rotary spirit alive - serving, smiling, and making a difference! Yours in Service,

With best wishes & Rotary regards,

**Rtn. Anand Raghavan**



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## Projects of this Month (October)



### School Apps & School Bag Distribution at Shri Shradhha Hindi Vidyalay Amb West



### Eye Cataract Monthly Camp



### Diwill Pahat - 2025



Organised By:  
 RC Ambarnath  
 RC Ambarnath East  
 RC Ambarnath West  
 RC Ambarnath North  
 RC Ambarnath Smart City  
 RC Ambarnath Ind. Area  
 IWC Ambarnath  
 IWC Ambarnath Hills

रात्रिवाळा पहाट  
 आनंदयात्री  
 एक सुशाश्व मैफिल...

Diwill Pahat - 2025

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District Governor, RY 2025-26

**रोटरी क्लब ऑफ अंबरनाथ नॉर्थ  
 विश्रांती वृद्धाश्रम, उल्हासनगर येथे  
 शिधा वाटप**

शुक्रवार दि. ३१ ऑक्टोबर २०२५, दुपारी १ वा.  
 सौजन्य: सौ. ज्योती राव, रो. कविता राय  
 स्थळ: बैरेक १३०२, रुम नं. २, माता रमाई भिमनगर, ४ नं., ओटी सेक्युरिटी, उल्हासनगर -४.

रो. प्रल्हाद जाधव | रो. आनंद राघवन | रो. विजया बसनगर  
 अध्यक्ष | संक्रेटरी | प्रकल्प अधिकारी

**Grocery Donation at Vishranti Old Age Home**



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## Birthday & Anniversary for Nov. 2025



11 Nov  
Shilpa Thombare

22 Nov  
Kavita Roy

27 Nov  
Vijay Singh  
Mukul Amrutkar



10 Nov  
Rajesh Kadam

22 Nov  
Nitin Pawaskar

23 Nov  
Aniket Gaikwad

27 Nov  
Vijaya Basangar  
30 Nov  
Dr. Rahul Chitre



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## River Purification & Human Intervention

River Purification & Human Intervention Today, almost all the rivers in our country are entangled in pollution. This is happening due to a lack of understanding of river ecology & excessive human intervention. Rivers have a self-purification capacity, but our actions are disrupting this natural process. Nature's processes, such as sunlight, wind, rain, earthquakes, storms, & floods, are all automatic and systematic. All living beings, plants, trees, animals, & humans have an important role to play in maintaining environmental balance, except for selfish & greedy humans who are an exception. The plants, trees & creepers growing on the banks of rivers & streams, as well as aquatic plants, aquatic life, shells & sand, are crucial components that help purify river water. These components give rivers their self-purification capacity. Aquatic life, fish, frogs, snails, mosquitoes & other micro organisms, as well as aquatic plants, feed on pollutants like nitrates, heavy metals & phosphates, purifying the water. The plants growing on the banks of rivers & streams also play this role by absorbing nutrients through their roots (natural phytoremediation), conserving water, & preventing soil erosion. Sand, shells, & pebbles also play a vital role in river water purification. However, excessive sand mining, destruction of vegetation on riverbanks, and encroachments have turned rivers into seasonal and polluted water bodies. Pollution has led to the growth of aquatic plants, water hyacinths, & algae, which are bio-indicators of water pollution. Instead of addressing the root cause of pollution, we should focus on eliminating the symptoms. The real pollution in rivers and streams is caused by the use of chemicals. Our daily activities, such as using toothpaste, face wash, soap, shampoo & detergents, ultimately pollute rivers. We can prevent this pollution by using

eco-friendly products. The current sewage treatment processes are ineffective & not environmentally friendly. Biological purification of rivers is the only solution. This can be achieved by planting eco-friendly trees on riverbanks & constructing gabion structures that facilitate biological purification. No chemicals, machinery, or construction are required for this purpose.



From \_\_\_\_\_

**Rtn Gunvant Patil**

Water Purification & Environmental Expert



Francesco Arezzo  
RI President, RY 2025-26

Ambernath North

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District Governor, RY 2025-26



## जलपणी शाप की वरदान

नदीला अर्थात पाण्याला मानवाने प्रदूषित करणे सुळ केले आहे, तरीही निसर्ग मानवाच्या अक्षम्य चुका सहन करून प्रदूषण मुक्तीसाठी नदीत जलपणी ही वनस्पती पाठवून जलथुद्धीचे केलेली सोय आहे. जेवढे जास्त सांडपाणी नदीत सोडले जाते तेवढा जास्त जलपणीचा वेढा नदीस पडतो.

ग्रामपंचायत, स्थानिक स्वराज्य संस्था व तस्माना त्यांनी दुर्लक्ष केलेल्या कामाची पोच पावती व सर्वांना दिसेल असे निसर्गाने दिलेले प्रमाणपत्र आहे.

दुर्गंधी असलेले, रसायन युक्त पाणी जसे की लीड, आरसेनिक, मकर्युटी यासारखे व नायट्रेट, फॉर्टफेट सारखी अनेक घातक रसायने जलपणी शोषून घेते व द्वच्छ पाणी पुढे फिल्टर करून पाठवते. प्रकाश संश्लेषण क्रियेव्हारा ऑक्सिजनची निर्मिती करून पाण्यातील ऑक्सिजनची पातळी जलपणी द्वारा वाढते, या जलपणीला आकर्षक जांभव्या ठंगाची फुले येतात. त्यामुळे नदीत जटी सांडपाणी असले तरी या जलपणी व फुलांमुळे नदीच्या परिसर अगदी खुलून दिसतो. जलपणीच्या सुळवातीला असलेले रसायन युक्त पाणी थेवटपर्यंत द्वच्छ व रसायनमुक्त झालेले असते व थेवटी असलेल्या पाण्यात बरेच जलचर जलपणीच्या खाली ऑक्सिजनची पातळी वाढल्यामुळे योग्य पद्धतीने सहवास करीत असतात. यामध्ये मोठमोठे अजगर ही असू शकतात. कारण दल-दल आणि द्वच्छ पाणथळ जागा असलेल्या ठिकाणीच अजगरासारखे अजस्त्र प्राणीही सहवास करतात.

या जलपणीमुळे बायोगेंस निर्मिती, नायट्रोजन युक्त कंपोस्ट खत, प्रोटीन जास्त असल्यामुळे पथु खाद्यात याचा उपयोग होऊ शकतो, फायबर जास्त असल्यामुळे कागद, पुस्ता, दोरखंड, ज्यूट बँग सारख्या बँग, पसें ड. वस्तू तयार होतात. स्थानिक स्वराज्य संस्थांनी या जलपणीकडे कमी खर्चात चांगले उत्पन्न देणाऱ्या एका आगव्या वेगव्या प्रकल्पाकडे उत्पन्नाचा स्रोत म्हणून बघण्यास हरकत नाही.



दॉ. गणेश सुरेश भावसार

अध्यक्ष - 2026-27

टोटटी कलब ऑफ अंबरनाथ नॉर्थ





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## "The Strainer of the Soul: The True Purpose of Reading"

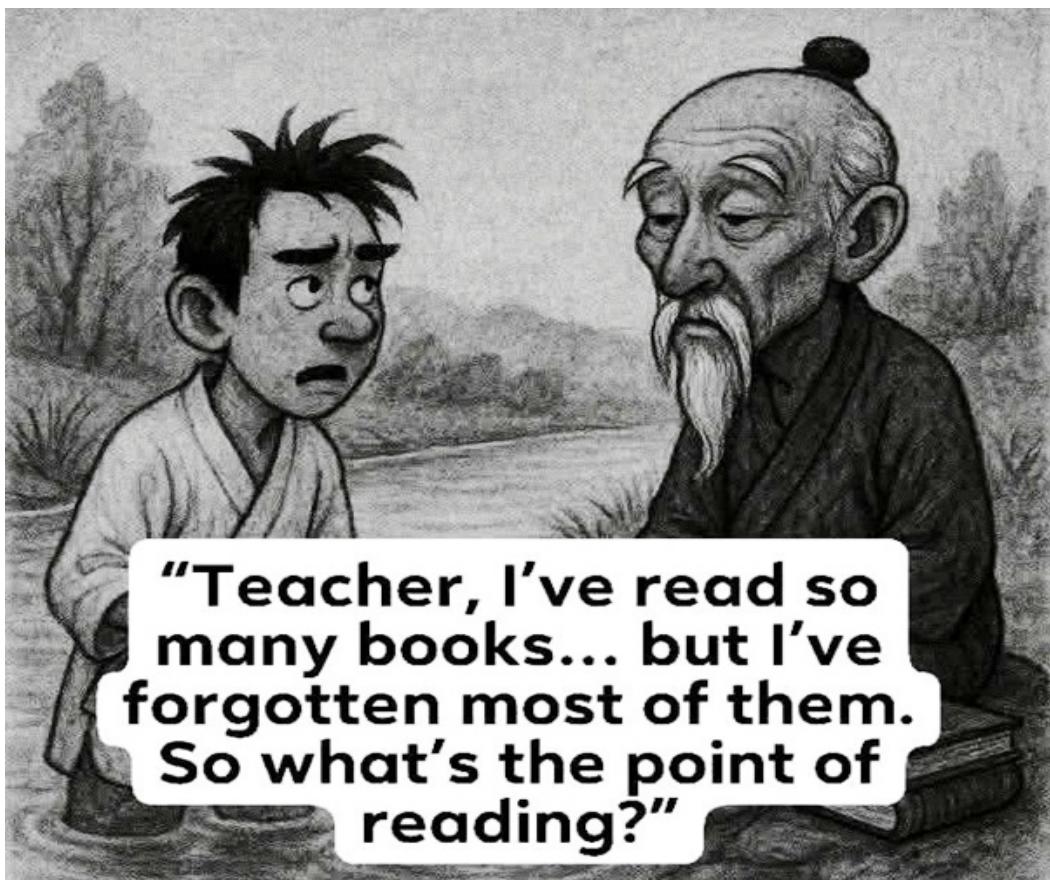
A student once asked his teacher, "Master, I've read countless books, but I've forgotten most of them. So what's the point of reading?" The teacher didn't answer, just watching him silently. Days later, they sat beside a river. The teacher suddenly said, "I'm thirsty. Bring me some water, but use that old strainer over there." The student was puzzled. How could anyone carry water in a strainer full of holes? It seemed pointless.

But, not daring to question, he picked up the strainer and tried. Once. Twice. Again and again...

He ran faster, held the strainer at different angles, even tried plugging the holes with his fingers. But it was useless. No matter what he did, the water slipped through. Exasperated, he dropped the strainer at the teacher's feet and said, "I'm sorry. It's impossible."

The teacher smiled gently and said, "You didn't fail. Look at the strainer." The student glanced down & to his surprise, noticed the strainer had changed. The once-dirty, worn-out tool was now shining clean, its surface gleaming as if it had been polished.

The teacher explained, "That's what reading does. It's not about remembering every word or fact. It's not about keeping everything you've read. It's about the process—the way it refreshes your mind, rejuvenates your spirit, and fuels your ideas. Even if you can't see it right away, reading is transforming you from the inside out." That's the real purpose of reading. Not to fill your memory, but to cleanse and nourish your soul.



Source: LinkedIn



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# ग्यानबा-जी

## कांदा खाताना सावध रहा.!!

सावधान :- जर तुमच्या घरी सुद्धा असा कांदा तुम्ही तुमच्या खाण्यामध्ये वापरत असाल तर तुम्ही हळूहळू आपल्या मृत्यूला जवळ करत आहात, जेव्हा तुम्ही एखादा कांदा छिलता तेव्हा त्याखाली असे काळ्या रंगाच्या पट्ट्या तुम्हाला दिसतील तर तुम्ही तो कांदा लगेच फेकून द्यावा कारण त्या साधारण दिसणाऱ्या काळ्या पट्ट्या नसून ते 'एस्परगिलस नायजर' हे भयंकर फंगल ऐसिड आहे याला " ochratoxin A " म्हणतात.



@buzz\_marathii

ते तुमच्या लिहर व किडनीला खूप घातक आहे त्यामुळे यापुढे असा कांदा दिसला की तो कापून किंवा धुवून खाण्याची चुकी न करता डायरेक्ट फेकून द्यावा ही महत्त्वाची टिप्स तुमच्या सर्व नातेवाईकांना नवकी पाठवा..!!



Francesco Arezzo  
RI President, RY 2025-26



## Know Your Rotarian

Rtn. Shilpa Thombre  
entrepreneur

### Profile: Smt. Shilpa Thombre



Shilpa Thombre is an accomplished Financial Planner with ASSETS PLUS SOLUTIONS, a financial advisory firm established in 2015 and recognized for its guiding philosophy, "THE REAL PLUS TO YOUR ASSETS." The firm is dedicated to helping investors achieve secure and consistent financial growth by offering the best possible investment and insurance solutions tailored to individual needs. With a strong focus on honesty, personalized guidance, & long-term client relationships, ASSETS PLUS SOLUTIONS has successfully built the trust of over 1,400 clients.

ASSETS PLUS SOLUTIONS provides comprehensive financial services including Retirement, Child Education, and Estate Planning. Their investment options range from SIPs/Mutual Funds & NRI Investments to structured portfolios designed for Safe, Medium, & High-Risk returns, catering to diverse financial goals.

A strong believer in continuous learning, Shilpa is a Lifetime Member of the Indian Institute of Excellence (IIOE), ensuring her expertise in finance, insurance, and investment planning remains updated & future-ready. Her professional excellence is reflected in significant achievements, including earning the prestigious MDRT (Million Dollar Round Table USA & International 3rd Highest Degree) recognition for 5 consecutive years (2021–2025). She has honoured & recognized by agency such as Star Health and Allied Insurance Co. Ltd. She has also been honoured by Life Insurance Corporation of India with Awards and Certification towards her continues splendid works.

Shilpa continues to guide families, professionals & business owners toward financial security with genuine care, deep industry knowledge, and unwavering dedication. For consultations or inquiries, she can be reached at Mobile:

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